

D-Group FAQs

How many people should be in a D-Group?

Because accountability works well in a smaller setting, the ideal size of a D-Group is 3-5 people.

Where and when do D-Groups meet?

We recommend that D-Groups meet on Wednesday evenings on campus for 1-1.5 hours. If that doesn't work for your D-Group, your group can meet on or off campus at a better time. We just ask that you meet consistently.

Is there an attendance requirement?

Yes! Since you will share your lives together for the next 9 months, commitment is necessary. Some have said after the initial meeting, "Uh, this isn't really for me. I'm not interested." That's okay. D-Groups are for people who want to be discipled and have a desire to grow and learn. An unwillingness to commit reveals they are not ready to be in a D-Group.

How long am I committing to be in a D-Group?

We ask D-Groups to covenant to meet for about 9 months. D-Groups launch in August and go through May.

Replication – It is our hope that after a year of discipleship you will be ready and prepared to replicate or multiply into future D-Groups. The goal is to have each D-group member replicate their lives into someone else as a D-Group leader.

What do we study?

We have intentionally created D-Groups to be as simple, beneficial, and reproducible as possible. The Bible reading plan each group uses is from the book *Foundations* by Robby and Kandi Gallaty.

What if I don't know the answer to a question during my D-Group meeting?

There is no shame in not knowing all of the answers to every question. Simply confess that you don't have all the answers and seek godly wisdom from the Bible, your D-Group leader, or a trusted spiritual advisor. It's less important to know the answers than it is to know how to seek them.

How do I find a D-Group?

As you form friendships in Life Group or in other ministries at North Metro, together you may decide to take the next step and begin your discipleship journey through D-Groups. If you are not personally asked to be in a D-Group from a D-Group leader, contact the Men's Ministry office, and we will match you with a D-Group you are comfortable with.

How do I start a D-Group?

As a D-Group leader, you set the tone for the group's atmosphere. You are not lecturing students; you are cultivating an intimate, accountable relationship with a few close friends. In order to be a D-Group leader, we ask that you:

- Actively attend Worship and Life Groups at North Metro
- Actively serve within one or more ministries at North Metro
- Have previously been a member of a D-group for at least 1 year
- Completed the D-Group leader training in the spring

Still have questions? Contact Bill Pennington bill.pennington@northmetro.net