

D-Groups at North Metro

D-Group, short for Discipleship Group, is a closed group of 3-5 Christ followers who meet together regularly for the purpose of accelerated spiritual transformation. D-Groups are made up of men who covenant to growing deeper in their faith together for a specific period of time.

Expectations

- Actively attend Worship and Life Group at North Metro
- Actively serve within one or more ministries at North Metro
- Covenant together to meeting weekly for 1-1.5 hours
- Commit as a group to the Bible reading plan – *Foundations* by Robby & Kandi Gallaty
- Journal weekly from the Bible reading plan
- Memorize scripture and recall verses at each meeting
- Ask all mutually-agreed-upon accountability questions at each meeting
- Pray Gospel-centered prayers for one another
- Protect the confidentiality of what is shared within your D-Group

Sample Meeting

10-15 minutes	Fellowship, then open with prayer.
5-10 minutes	Share and recite scripture verses.
15-20 minutes	Ask mutually-agreed-upon accountability questions.
25-35 minutes	Discuss weekly Bible reading. <i>Example: "What is God teaching you?"</i>
10-15 minutes	Share and pray Gospel-centered prayers for one another.

Note: This is a sample guide. Trust the Holy Spirit and be sensitive to needs or hurts within the group and spend the appropriate amount of time caring for those needs.

MARCS of a healthy D-Group



Missional

D-Group participants should be living out the Gospel.



Accountable

You can't expect what you don't inspect.



Reproducible

The discipleship process is complete when the mentee becomes the mentor.



Communal

Intentionally sharing your life is essential.



Scriptural

The Bible is the textbook.