

In an attempt to connect and interact during this time, we have scheduled digital discipleship times for all age divisions.

## Nursery – Children (birth – 5th grades)

North Metro KIDZ weekly children activities and a message from Mr. Tim will be updated each Friday at [northmetro.net/kidz](http://northmetro.net/kidz). Be sure to also join the North Metro KIDZ FaceBook page and follow us on Instagram at northmetrokidz .

## Middle School (6th – 8th grades)

Join the North Metro Middle School Ministry live on Instagram (@ms\_students) each Tuesday at 6pm. Video recording will be made available Wednesday mornings at [northmetro.net/middleschool](http://northmetro.net/middleschool).

## High School (9th – 12th grades)

Join the North Metro HSM Live Stream Bible Study on Facebook (Joe Thompson) and Instagram (@northmetrohsm) each Wednesday at 5:00pm. If you miss the live stream, then you can watch the video posted on our church website at [northmetro.net/highschool](http://northmetro.net/highschool).

## Young Adults

Join our Young Adults and stay connected! We will be using a variety of platforms in order to stay connected and meet your needs while we all navigate the next few weeks. Check out our schedule below and join us for weekly devotionals, our mid-week bible study, and prayer time.

Life Group Study Devotionals. posted each Monday at: <https://www.youtube.com/channel/UCFEm1mYsvuVDF84LYgT-HDA>

Mid-Week Bible Study via Facebook Live each Thursday at 6:30pm <https://www.facebook.com/groups/northmetroya/>

Live Prayer Time each Thursdays at 12:00pm <https://www.facebook.com/groups/northmetroya/>

Stay Up-To-Date by joining us on Instagram: <https://www.instagram.com/northmetroyoungadults/>

## Adults

Receive an Explore the Bible Life Group lesson by email every Monday morning.

Register your email here. [North Metro Explore the Bible Sign Up](#)

Join an online Life Group every Sunday at 6:00pm.

See a list of available classes at <https://www.northmetro.net/lifegroups/>

## Sr. Adults

Join the Sr. Adult Bible Study on Zoom every Tuesday at 11:00am. <https://zoom.us/j/697685300> ID: 697685300

Join an online Life Group every Sunday at 6:00pm. See a list of available classes at <https://www.northmetro.net/lifegroups/>